

PSALMS 34

BLESSINGS TO THE LORD

I bless you, Lord, at all times! Your praise will continually be in my mouth.

My soul, (my emotions, my thoughts, and my will), boasts in you, Lord.

I magnify you, Lord! I exalt your name!

I taste and see that you, Lord, are good!

AFFIRMATION/PROMISES

Lord, you hear me when I seek you. You deliver me from all my fears. You will save me from all of my troubles.

The angel of the Lord encamps around me and delivers me, because I fear you, Lord.

I am blessed because I trust in you, Lord.

Because I fear you and seek you, Lord, I do not have any wants.

Thank you, Lord, that your eyes are upon me and your ears hear my cry.

Lord, I am one with you when I have a broken heart and a contrite (crushed) spirit.

Lord, I have many afflictions, but you deliver me from all of them.

Thank you, Lord, for keeping me so that not one of my bones are broken.

Thank you, Lord, for redeeming me. I know because I trust in you, I will not perish.

REQUESTS

Teach me Lord to fear you.

Help me Lord to keep my tongue from evil and my lips from deception.

Help me Lord to depart from evil, to do good, to seek and pursue peace.

PROMISES FOR THE WICKED

Thank you, Lord, that your face is against them that do evil. You will cut the evil off from the remembrance on the earth.

Lord, you promised that evil will slay the wicked and they that hate righteousness will perish.